



HAVEN OF NORTHERN VIRGINIA
4606 Ravensworth Road
Annandale, VA 22003

Widow/Widower Bereavement Group

A Free Six-Week Program

April 1 – May 6, 2017

Saturday Afternoons
Time(s) to be Determined

The death of a spouse can be numbing and devastating: you may have feelings of sadness, loneliness, and abandonment. No one can heal your pain, but this program will help you learn ways to cope with this difficult experience

SPACE IS LIMITED.

REGISTRATION AND SIX-WEEK COMMITMENT REQUIRED.

For information and registration, call: 703-941-7000 e-mail havenofnova@verizon.net
or visit our website at www.havenofnova.org